



## **SGB Code of Conduct for Surfers**

1. All surfers must be able to swim at least 50 metres in open water.
2. Recommended that you are covered by Public Liability Insurance for surfing.
3. Keep your surfing equipment in good condition.
4. Always wear a surf leash to prevent you from losing your surfboard (or bodyboard). For you your board is a safety device, to others it may be a lethal weapon.
5. Have consideration for other water users including anglers.
6. Never surf alone
7. Never surf immediately after eating a meal.
8. Always return to the beach before nightfall.
9. Never mix surfing with alcohol or drugs.
10. Always wear a wetsuit when surfing in Britain.
11. Be considerate of other beach users especially when carrying your board to and from the water.
12. When possible use a lifeguard patrolled beach. Obey the life-guards instructions and be prepared to assist them if required.
13. Where possible surf in a recognised surfing area (e.g. in between the black and white checked flags).
14. When paddling out avoid surfers who are riding waves.

15. When taking a wave see that you are clear of other surfers.

Remember, if someone else is already riding the wave you must not take off.

16. Be environmentally friendly. Always leave the beach and other areas as you would wish to find them.